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Administrator's Corner

A Little About the Acting Administrator

Hi! I'm Matt Sticca the Director of Clinical Services at Jarlette Health Services. I am a registered nurse who has been fortunate enough to work in acute care, as a college educator to RPNs, with the Ministry of Long-Term Care and long-term. My time in long-term care started as a PSW, continued to be a charge RN and then began to advance to a CoDOC, DOC and Administrator. While we are recruiting for a Lauren's replacement, I will be here supporting the needs of the home. Stop by the office for a chat!

-Matt Sticca

Butterfly's Corner

Hello Everyone,

We hope you notice those subtle changes on our Dalhousie House! Our team is hard at work on their meaningful engagements day to day!

We are also excited to announce that we continue onward with Workshop #4/ 8 beginning July 16th and this will make some noteworthy changes to Dalhousie House Dining Experience! More information to come!

We also are excited that the painting has begun, however a had to pause due to outbreak status therefore pushing this end date further along.



Royal Rose Place News

Wellness Committee: July Events

Toy Drive for Strive Niagara

It's BACK! We are hosting another Toy Drive for Strive Niagara to celebrate Christmas in July!

We will have a bin for donations located at the front door for folks who wish to participate. This extends to all residents, team members & families. We had great success last year so we want to continue supporting our community!



**CHRISTMAS IN JULY
TOY DRIVE
FOR Strive
Niagara**
Education • Support • Family First

Age Ranges

- Infants
(6-18 months)
- Toddlers
(18-30 months)
- Preschool
(30 months-
4 years old)

Donation Ideas

- (1) **Diapers** of various sizes (newborn - size 6)
- (2) **Baby wipes**
- (3) **Hygiene products** (baby and adult)
- (4) **Non-perishable food** including baby cereals, pasta, canned meats, canned fruit and vegetables, instant meals, etc.
- (5) **New Seasonal Clothing** for newborn - size 5
- (6) **Grocery gift cards** (small increments for easy distribution among participants)

Royal Rose Place News



STAFF APPRECIATION

Each month we acknowledge a different department in the home for all of their hard work. In July we acknowledge our **Laundry Workers** for making an outstanding difference in the lives of others.

When you see them in the hallways be sure to give them kudos for all of their hard work.

Royal Rose Place News



ARE YOU BRINGING IN NEW CLOTHING?

If you have any new clothing for your loved one it will require labelling. *Please* fill out the paperwork, attach it to the bag of clothes and place it in the bin that is located in our front foyer! It is our hope that this will prevent items from going missing before they are labelled. The Laundry Department empties this bin on a daily basis. Once the department has the clothing, they will label it and then provide it back to the resident.

Thank you for your cooperation!

EXITING HOME AREAS

As a kind reminder, we ask all residents and visitors to be mindful when entering and exiting our home areas. Some of our residents may require assistance while leaving their home area with a staff or their loved ones. If you are unsure of who the resident is, please ask a staff member for clarification.



Thank You in advance for your cooperation!

Royal Rose Place News

BRINGING IN NEW ELECTRICAL APPLIANCES?



Prior to bringing in any new electrical appliances please contact Barry.M our Environmental Services Coordinator as there is a Resident Electrical Appliance Declaration form that must be filled out. Barry will inspect the item and sign it off prior to the use of the item. This is to ensure that all safety precautions are being followed. If you have any further questions please contact Barry or Aaron at 289- 480 -0400 ext.120

Examples Include: Mini Fridge, Lamp, Alarm Clock, Lazy Boy Chair, etc...

GERI FASHIONS - ADAPTIVE SENIOR CLOTHING

Are you looking for adaptive clothing for yourself or loved one? You can visit www.gerifashions.com OR call toll free at 1-800-361-4374. Their Autumn fashion is in full swing!



Royal Rose Place News

RESIDENT LAUNDRY ROOM



Are you wanting to wash, dry and iron your own laundry? Although we are able to provide you with this service, we are more than happy to assist you if you would like proceed doing your own. We have purchased a new ironing board cover in addition to an iron. Feel free to contact the Life Enrichment Department for more information on using our iron. Laundry soap and dryer sheets are not available and must be provided by those doing their laundry.

SMOKING AREA

The residents council would like to remind everyone of the smoking area parameters and the importance of throwing out your cigarette butts out in the appropriate bins. Please help us take care of our grounds. Thank you for your cooperation.



Nutritional News

Booking Rooms & Eating with Loved Ones

It is our pleasure to announce that families and friends are now able to freely book the Family Dining Room, Events Centre & Chapel for family gatherings and share a meal and celebrate with one another.

Event Center or Chapel Booking

Please Contact: Vanessa Neudorf
ext.116 or vneudorf@jarlette.com

Family Dining Room Booking

Please Contact: Alecia James
Ext.121 or ajames@jarlette.com



July Highlights

- Canada Day - **1st**
- National Pina Colada Day
Activity- **10th**
- Magic Show - **16th**
- Humane Society Cat Visit -
19th
- National Drive-Thru Day
Activity - **24th**
- Royal Rose Place Mini
Olympics- **July 26th- Aug
2nd**


Life Enrichment News





July Entertainment

- Tristan Alexander - **4th**
- Dave Burden - **6th**
- Piano with Patrick - **12th**
- Steve Burnside - **18th**
- Bryce Moore - **24th**
- Mark Corman - **29th**


July Resident's Birthdays



Sylvia H. - 4th
Clementina G. - 7th
Gary L. - 11th
Judith W. - 14th
Thomas S. - 14th
Leo T. - 15th



Monica H. - 19th
Leona G. - 20th
John L. - 24th
Tibor K. - 28th
Emma F. - 28th
George B. - 30th



Social News

FOOD COMMITTEE NEWS

Food Committee Meeting will be held on **July 30th at 3:00pm** in the Family Dining Room. For any further questions please contact: Alecia James
Ext.121 or ajames@jarlette.com

Resident Bill of Rights - This Months Highlight!

Right to quality care and self-determination

20. Every resident has a right to ongoing and safe support from their caregivers to support their physical, mental, social and emotional wellbeing and their quality of life and to assistance in contacting a caregiver or other person to support their needs.
21. Every resident has the right to have any friend, family member, caregiver or other person of importance to the resident attend any meeting with the licensee or the staff of the home.
22. Every resident has the right to designate a person to receive information concerning any transfer or any hospitalization of the resident and to have that person receive that information immediately.

Resident Council News

The Residents Council Meeting will be held on **July 26th at 3:00 pm** in the Event Center .

Our Coffee Cart continues Wednesday and Friday from 1:00 - 3:00 PM

Cash Only.



Resident Council are hosting a BBQ for the residents here at RRP!

When: July 26th

Time: 12:00 pm

Where: The courtyard next to the event center

Option 1: Hot dog, Caesar Salad & Drink

Option 2: Hamburger, Caesar Salad & Drink

SIGN UP ONLY : Please contact vneudorf@jarlette.com



Please note if the weather does not permit we will have everyone stay in the event center.

Thank you for supporting the resident council coffee cart. You helped make this happen for the residents!

A Chaplain's Perspective

It's July and this one is different than any other July I've known thus far because July 3rd marks my 65th birthday! Good grief how did that happen? It reminds me of a country song by *Kenny Chesney* called "Don't Blink". Here are the lyrics:

*I turned on the evening news
Saw an old man being interviewed
Turning a hundred and two today
Asked him what's the secret to life?
He looked up from his old pipe
Laughed and said, "All I can say is*

***Don't blink, just like that you're six
years old and you take a nap
And you wake up and you're
twenty-five
And your high school sweetheart
becomes your wife
Don't blink, you just might miss
Your babies growing like mine did
Turning into moms and dads***

***Next thing you know your better
half
Of fifty years is there in bed
And you're praying God takes you
instead
Trust me friend a hundred years
goes faster than you think, so don't
blink"***

*I was glued to my TV, when it looked
Like he looked at me and said
"Best start putting first things first"
'Cause when your hourglass runs out
of sand
You can't flip it over and start again
Take every breath God gives you for
what it's worth*

Let's you and I together
make a decision to
appreciate each breath
we have been given and
if by chance you see me
looking "buggy eyed",
know that it is because I
am trying hard not to
blink!

~ Chaplain Carson



In Loving Memory

~ For those that we lost in June~



Farewell our friends, you are leaving, it's time for you to go.

Although we did not know you long, we will miss you so.

For friends and family you leave precious memories to cherish when you are gone.

And though they cannot see you there will always be a bond.

Goodbyes are not forever, goodbyes are not the end.

It simply means we'll miss you, until we meet again.

Note: Rev. Carson is onsite Tuesday's and Friday's!

July Meeting

Date: July 25th, 2024

Time: 3:00pm

Location: Family Dining room

Contact: Alison Taylor
ataylor@jarlette.com
289-480-0400 x 110

Family Council



Current Members

Sue Healey
Carol Lebel
Mel Brady

If you are interested in joining our family council, please contact **Alison Taylor, RFSC** or one of the Family Council Members for further details.

Nursing News

Bring on the SUNSHINE!

As most like to take advantage of the sunshine and enjoy summer activities both inside and outside, I would like to remind everyone to please enjoy the hot weather safely. Please ensure to monitor yourself and your loved ones related to hot weather illness, drink small amounts of cool water frequently, limit intake of caffeine, and minimize outdoor exposure as much as possible during high temperatures. Please also help contribute to ensuring the home stays cool inside by ensuring that drapes, blinds, and windows are closed in the rooms.

Happy Summer Everyone!

Jenna Wade- Director of Care

Director's Message

Dear Residents, Families and Friends,

It is crucial that we monitor and document all food related allergens accurately to keep our residents and team members safe. We at times have residents and team members with documented allergies that could result in health risks if exposure to the allergen occurs.

Health Canada requires all 'priority allergens' to be clearly labeled on food products. This includes peanuts, tree nuts, soy, wheat/gluten, egg, milk, seafood, sesame, sulfites and mustard. These will be often listed on the label as 'Contains' or 'May Contain' statements. 'May Contain' statements are required to identify that although the product does not necessarily contain a named allergen, it is manufactured in a factory where there is a risk of cross contamination in its products.

We do our best in each of our long-term care homes to prevent cross contamination, however we cannot guarantee an allergen free environment, including a 'nut free', 'gluten free' or other allergens. This is secondary to the following:

- We do use most priority allergens as ingredients.
- We have only one main kitchen.
- We cannot guarantee that ingredients do not come in contact with each other at some point during production.

Jarlette Health Services has a process in place to ensure allergens are managed within the food service process.

Identification of Risk:

- Dietitians and Culinary Managers complete nutrition assessment for all residents, including review of allergens, and interventions may be put in place as required to avoid these allergens.

Director's Message

Communication of Risk:

- Documentation of all allergens in Point Click Care (allergen section on main dashboard) and the Master Diet List (MDL) for Point of Service reference by nursing and dietary team members.
- Provide allergen risk information to all new residents for full transparency prior to admission.

Education:

- For all team members on allergens and where to locate required information (eMAR dashboard, Master Diet List on snack/beverage carts, serveries) completed during onboarding and as required.
- For Culinary Managers on food ordering (how to find ingredients and potential allergens and potential 'nut free' products).

Purchasing and menu modifications:

- With the exception of the use of peanut butter in our homes, we do not purchase products with nuts or peanuts added as an ingredient.
- Depending on the allergen and its severity, there may be an individualized menu.

Please ensure that you bring any known food related allergies to the attention of our nursing team members, culinary manager or registered dietitian.

Wishing you a safe, happy and fun summer! And happy Canada Day!

Kind regards, Jill Knowlton

Jarlette Health Services News

Summer has officially arrived! We hope our residents, their friends and family, and our team members, are able to enjoy their community's grounds and enjoy an active outdoor lifestyle. And Happy Canada Day!

July is a month during which we celebrate our laundry team members for their hard work caring for our residents' clothing and bedroom linens. Thank you to them for their diligence and service! If you don't see them at work, you can always send them a note of thanks!

Though we're only just entering summer, we are already preparing for this year's prestigious *Making A Difference Awards*! Each year, traditionally during autumn, we celebrate a resident from each of the long-term care homes and retirement lodges in the Jarlette Health Services family of communities for their life accomplishments and positive role in their community. We also celebrate at the same ceremony a team member with the *Roberta Jarlette Award* (named in memory of one of our founders) in recognition of their own unique contributions on a daily basis. Ask your home's Administrator/General Manager for more information about these celebrations and about how you can nominate a worthy individual for an award!